

	SUN	MON	TUES	WED	THURS	FRI	SAT
Week 1	OUT Potluck 4:30-6:30						
Week 2			Men Breakfast				
Week 3	UP & IN Potluck 4:30-6:30						
Week 4			Women Breakfast				

*Some MCs may want to split the men and women at times if they find it meaningful to connect with those of their own gender. This can also be helpful if there are couples with kids in the group so that one parent can be free to watch kids and the other connect with the MC friends.

	SUN	MON	TUES	WED	THURS	FRI	SAT
Week 1	In Up Potluck Noon-2						
Week 2			D-group Groups				
Week 3				OUT Experiment 6pm			
Week 4			D-group Groups				

*Some MCs may have optional d-groups for those who desire to be challenged in following Jesus

	SUN	MON	TUES	WED	THURS	FRI	SAT
Week 1	OUT Potluck 4:30-6:30						
Week 2	UP prayer time 6-8						
Week 3	IN Potluck 4:30-6:30						
Week 4	Off						

*It's a good idea for MCs to have a practice that the participants can engage in on the "off" weeks. For instance, everyone tries to eat a meal with a neighbor or everyone does some research or reading on your focus area.

Off weeks can also be a time when individuals or families can focus on "out" in their individual everyday spaces.

Kids in Missional Community:

Missional Communities are designed to feel like an extended family. Thus, it makes sense that kids are included! Most MCs with kids realize that making the mission simple enough for kids to participate actually help the adults engage in mission on a more tangible level as well. We have activities designed for the MC members to do with the kids depending on the focus rhythm of the MC that month (ie. encourage your neighbors, celebrate with your neighbors, etc)

There are also times when having time with just the adults can be helpful. Here is a way that this can be done:

40 Minutes - half adults do activity with kids, other half talk about focus area.

40 Minutes - other half of adults do additional activity with kids, other half talk have similar discussion about focus area.

The whole group can then compare notes before the end of the gathering.

*There are times when the nature of the discussion would be best served by hiring childcare. However, the goal would be to have the children participate as often as possible.

Core Team Meetings:

The Core Team is the group of 2-5 people who are focused on discerning and leading the entire MC to continue to focus on it's mission and learn from their experiments. Some core teams find it helpful to meet every other month, some during the 5th weeks when months end up with a 5th week and other Core Teams meet quarterly and more often over email. Each group can meet as needed for their MC.